

# OUTDOOR ESCAPE



Book via:



## Fishriver Guideline Packlist

Getting the right gear can make a big difference in your experience.

Contact us or visit us in-store for assistance.



### Footwear

- ☐ Multi-day Waterproof Hiking Boots/Shoes
- ☐ Trail Shoes (camp area)
- ☐ Spare laces/4m acc. Cord
- ☐ Anklet Gaiters



### Bags

- ☐ Hiking Backpack 50-65L
- ☐ Raincover for backpack
- ☐ Dry Bag 30L/Sac Liner
- ☐ Zip lock bags for socks
- ☐ Zip Lok Bags/Organizer Bags



### Hydration

- ☐ 1.5L +/- Hydration Bladder
- ☐ Tritan water bottle 500ml/1L
- ☐ Electrolytes
- ☐ Aqua Salvea Water Dis.



### Cooking & Food

- ☐ Hiking Stove
- ☐ Gas
- ☐ Freeze-Dried Food
- ☐ Energy Bars/Snacks
- ☐ Pot
- ☐ Cutlery Kit
- ☐ Bowl/Plate
- ☐ Lighter/Waterproof Matches
- ☐ BPA Free Mug



### Equipment

- ☐ Trekking Poles (Set) - Optional
- ☐ Headlamp 250 Lum est.
- ☐ Pocket Knife



### Clothing

- ☐ Hiking Socks x3
- ☐ Liner Socks x3
- ☐ Baselayer Set(Top & Long Johns) x1
- ☐ Long Hiking Pants/Technical Tights x1
- ☐ Active Shorts x2
- ☐ Waterproof Jacket/Rucsac Poncho
- ☐ Technical Hiking Shirts/Long Sleeve Active Tees x1
- ☐ Short-Sleeve Technical T-shirt/Shirt x2
- ☐ Fleece 100-200g
- ☐ Underwear
- ☐ Broadrim Hat
- ☐ Buff



### Sleeping Gear

- ☐ Compact Sleeping Bag
- ☐ Thermal Sleeping Bag Line
- ☐ Self-inflating Pillow
- ☐ Self-inflating Mattress
- ☐ Compact ground sheet



### Personal Gear

- ☐ Biodegradable Body Soap 89ml min.
- ☐ Biodegradable Shampoo 89ml min.
- ☐ Sunscreen SPF40+ (water-resistant)
- ☐ Polarized Sunglasses
- ☐ Blister Plasters/Footcare Kit
- ☐ Insect Repellent
- ☐ General Medication/Medi-Kit
- ☐ Quick Dry Towel - Large
- ☐ Emergency Blanket
- ☐ Energy Bars
- ☐ Acc. Cord 4-6m(multi use)

