

OUTDOOR ESCAPE



Book via: **Amanzi Trails**
RIVER ADVENTURES

Orange river Hike Guideline Packlist

Getting the right gear can make a big difference in your experience.
Contact us or visit us in-store for assistance.



Footwear

- Trail Shoes
- Aqua Shoes/Sandals



Bags

- Heavy Duty Black Bags x6
- Survival Bag
- Dry Bag 30L/Sac Liner
- Zip lock bags for socks
- Zip Lok Bags/Organizer Bags



Hydration

- Tritan water bottle 500ml/1L
- Electrolytes
- Aqua Salvia Water Dis.
- Drinking water (can be purchase at base camp)



Cooking & Food

- Energy Bars/Snacks
- Cutlery Kit
- Bowl/Plate
- BPA Free Mug



Equipment & Other

- Headlamp 250 Lum est.
- Pocket Knife
- Old Beach Umbrella (important during summer)
- Small Tent / Groundsheet
- Polarized Sunglasses with ties
- Acc. Cord/Rope
- Fishing Gear - Optional
- Fold-up chairs - Optional
- Camera - Optional



Clothing

- Socks x3
- Active T-Shirts x2
- Active Shorts x2
- Swimming Costume
- Waterproof Jacket/Rucsac Poncho/Windbreaker
- Technical Hiking Shirts/Long Sleeve Active Tees x1
- Warm Long Pants
- Fleece/Warm Top
- Underwear
- Broadrim Hat/Cap
- Buff



Sleeping Gear

- Compact Sleeping Bag
- Self-inflating Pillow
- Self-inflating Mattress



Personal Gear

- Biodegradable Body Soap 89ml min.
- Biodegradable Shampoo 89ml min.
- Sunscreen SPF40+ (water-resistant)
- After-sun Cream
- Lip Ice SPF
- Toilet Paper (2 rolls)
- General Plasters
- Blister Plasters/Footcare Kit
- Insect Repellent
- General Medication/Medi-Kit
- Quick Dry Towel - Large/Sarong